

Wales Activity Breaks

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Quad Biking, Archery, Clay Shooting & 4x4 Off Road Driving

Suggested Itinerary

- 9.00am Group arrives at the Pine Lodge conference venue. Coffee/tea and briefing on the day's activity
- 9.30am Brainstorming session on teams and teamwork, identifying key words associated with successful teams. Discussion. Pair off and interview each other to discover new facts about your team members and present to the rest of the group
- 10.15am Split into 2 teams for the day
- 10.30am Group (A) Quad Biking
Group (B) Clay Shooting
- 11.30am Group (A) Archery
Group (B) Quad Biking
- 2.15pm Group (A) 4x4 Off Road Driving
Group (B) Archery
- 3.15pm Group (A) Clay Shooting
Group (B) 4x4 Off Road Driving
- 4.30pm Activities finish, de-brief and review the day. Discuss training needs and goals to set.
- 4.30pm Depart

