## Wales Activity Breaks

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## Activity Day for a Sports Tour with activities of Quad Biking, Archery & Problem Solving with a Buffet Lunch at the American Diner

## Suggested Itinerary

- 9.45am Arrive and split into smaller groups, kit out
- 10.00am Group (A) Archery Group (B) Problem Solving Group (C) Quad Biking
- 11.30am Group (A) Quad Biking Group (B) Archery Group (C) Problem Solving
- 1.00pm Short journey to Frankie & Benny's restaurant for a buffet of pizza's, chips, garlic bread, chicken wings etc
- 3.00pm Depart restaurant, return to centre
- 3.30pm Group (A) Problem Solving Group (B) Quad Biking Group (C) Archery
- 5.00pm Activities finish, depart





