

Wales Activity Breaks

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Climbing & Caving (inc Buffet Lunch)

Suggested Itinerary

10.45am Arrive at the centre, meet instructors and kit out. Split into 2 groups

11.00am Group (A) Indoor Climbing – 60ft indoor climbing walls of varying difficulty offer a safe environment to experience climbing

Group (B) Caving – a purpose built facility, very realistic with all the challenges you would find with real caves

1.15pm Buffet lunch

2.30pm Groups swap over activities

4.30pm Depart

